

$T_{\it ime out}$

Enjoy a relaxing day of time out yourself at the lake and experience pure indulgence at "monte-mare" Sauna & Spa and Seehotel Luitpold.

Includes 1 overnight stay in a double room for single use with open lake view including rich breakfast from the buffet.

1 x day entrance to the lakeside sauna "monte mare"
plus bathrobe and towel*
1 x welcome cocktail (alcohol free)
1 x dish of choice from our menu

$W_{ m ellness}$ treatments at "monte-mare"

Alpine herbal bodypeeling (steambath ceremony), aprox. 20 Min. Relaxation massage (Lomi Lomi Nui or Abhyanga massage), approx. 60 min. Price per person in double room 287,00 €

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Also available for 2 persons in a double room, just ask us.

*rental against deposit

Not bookable to

Fair times & Oktoberfest & Christmas- New Year's Eve









The plants offer the body a mild overheating and are excellent for deep relaxation and recharging your batteries.

After a few minutes in the steam room the soothing effect can fully unfold. In addition, the herbal pack is a peeling cure, through which the metabolism is stimulated. Thanks to the double action the skin is strengthened and regains a youthful and fresh appearance.

Lomi Lomi Nui Massage



Originally this traditional massage was only used by the sages, healers and priests of Hawaii, the "Kahunas". Lomi Lomi Nui is not a massage in the usual sence of the word, because there is no pressing and kneading. With flowing movements, which are individually adapted to the body, layers of varying depth in the body are reached. Physical and mental blockades can be solved. Enjoy tropical dreams with the exotic scent of coconut and mango.







Abhyanga (ayurvedic whole body massage)
The Abhyanga is one of the most effective massages in Ayurveda.
Highest-grade massage oils are used for the treatment Motions of tranquility create deep relaxation.
Facial and head massage included.